

VILLATHALGO

An experience that's all about you



Experience MASSAGE

FOCUS MASSAGE 30min | \$95

The perfect express pick me up. This relaxation style treatment relieves tension and calms a busy mind.

WELLBEING MASSAGE 60min | \$155

A light to medium pressure, using traditional Swedish Massage techniques to unwind, relax and recharge the body.

ABSOLUTE AROMATHERAPY

60min | \$160

Stress is dissolved and skin suppleness restored leaving you feeling deeply relaxed and recharged. Improving physical and emotional wellbeing.

RECOVERY MASSAGE 80min | \$220

The perfect head-to-toe massage ritual for those who struggle to sleep or suffer from restlessness. Helping balance the body and calm the mind.

THERAPEUTIC MASSAGE

60min | \$170

A firm but relaxing massage designed to reduce tension, muscle tightness and energise the body and mind.

MATERNITY MASSAGE

60min | \$160

Help improve skin elasticity, reduce fatigue and target areas prone to tension during pregnancy (available after first trimester)

HOT STONE MASSAGE

80min | \$230

Designed to provide deep relaxation through a combination of therapeutic massage techniques and the slow released heat of warm basalt stones.

CALM MIND & SCALP RITUAL

30min | \$95

Re-harmonising the body's natural flow and movement, our signature head and scalp ritual is designed to completely relax both the mind and body

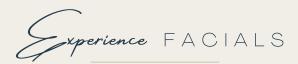
RESTORATIVE HYDRO FOOT & LEG RITUAL

30min | \$110

Reward your tired feet and ankles using warm basalt stones to melt away tension and stress. Replenishing and restoring harmony.

^{*}All massages available as a couples option in our Signature Suite. Surcharge \$15 each - for treatments 50 mins in duration or more.





HEART OF THE OCEAN RITUALS

60min | \$165

Our signature marine inspired facial concentrates the oceans benefits to help restore perfect skin quality, delivering intense and lasting hydration. Includes a double mask to improve the skins radiance and complexion.

Source Marine Ritual - Normal / Dehydrated Cold Cream Marine Ritual - Sensitive & Dry / Very Dry

PETITE FACIAL 30min | \$95

Tailored to your most important skin needs, enjoy a deep cleanse, smoothing exfoliation, clay mask and nourishing hydration, resulting in absolute radiance.

LED LIGHTSTIM & MINI FACIAL

40min | \$110

Multiple light wavelengths work together to improve skin tone and reduce the appearance of fine lines and wrinkles. Completed with a mini facial, expect supple, youthful, more radiant skin.

Cfligh Jerformance FACIALS

PEELING MARINE 30min | \$110

Ideal for mature, sun damaged or dehydrated skin with visible signs of ageing. This firming facial stimulates cellular regeneration, resulting in beautifully nourished skin.

SPIRULINA ENERGISING FACIAL

60min | \$175

An energising facial. The fresh peel off mask smooths skin asphyxiated by an urban lifestyle, leaving the skin fresh and glowing.

HYALU - PROCOLLAGEN 60min | \$175

To fight the first signs of ageing, this unique professional treatment imbues skin with Hyalu-Procollagen, skin is intensely hydrated, ultra smooth and complexion radiant.

IBEAUTY HYDRATION CORRECTOR

50min | \$175

The ideal treatment for thirsty, tired and dull skin, using ibeautyMachine to boost natural moisture while drenching skin with remineralising and rehydrating active ingredients. Skin becomes fresh, bright and intensely hydrated from the very first session.

IBEAUTY PURITY RITUAL

40min | \$145

An ibeautyMachine facial treatment that combines sound-vibration and ultrasound waves to deliver visible and long-lasting result. The Purity ritual decongests the skin leaving a glowing complexion

MICRODERMABRASION

30/50min | \$110/185

Microdermabrasion expertise offers you clearer, more radiant skin. Skin texture is refined and pores are tightened to leave skin renewed and ready for healthy regenration

upgrade LED light therapy 20mins | \$45

CUSTOM OXYGEN FACIAL

60min | \$185

Combining the extraordinary benefits of refined Hyperbaric Oxygen with a Three Step Hyaluronic layering process, customised to your skins needs. Enjoy visibly plumped and hydrated skin and reduce the appearance of fine lines and wrinkles.

upgrade eye and lip treatment 20min | \$45



REJUVENATING BODY POLISH

40min | \$130

A soothing revitalising body polish is applied after rinsing, superior hydration is smoothed into the body for soft and nourished skin.

COCO CREAM BODY MASQUE

60min | \$160

Therapeutic dry body brushing prepares the skin for a luxurious blend or warm cocoa seed and coconut oil. Relax in the warm wrap for an uplifting face and scalp massage with a customised aromatherapy elixir. After a relaxing foot massage, the blend is then smoothed into the skin producing nourishment and protection.

MICRONISED MARINE ALGAE BODY WRAP

90min | \$230

A pure concentrate of sea benefits providing a sense of wellbeing and relaxation. Skin is deeply polished then cocooned in a warm algae poultice, infusing its minerals, vitamins and micro-nutrients into the body. This treatment activates circulation, relieves aches and pains and improves skin conditions such as eczema and psoriasis.

THALGO 5 OCEANS RITUAL

Spa Bath | Exfoliation Massage

110min | \$295

Thalgo has reinvented the art of relaxation by combining the best of the 5 oceans with traditions and techniques from around the world to achieve complete physical and mental well-being. This wonderful ritual takes on a voyage of discovery, relaxing the body and mind through an indescribable feeling of peace and inner strength.

BODY RENEWAL

Exfoliation | Hot Stone massage

110min | \$295

For a total body renewal. During this ultra-sensorial experience, the movements and warmth of the basalt stones promotes deep relaxation. The movements are slow and wavelike evoking a floating sensation. This ritual is a true invitation to sleep.

TENSION TONIC

60min | \$160

Restore your bodies natural alignment, eliminating tension, with a combined back, neck, shoulder, foot and scalp massage. Each area is addressed individually for sensory relaxation and relief.



SPA AWAKENING RITUAL

Focus Massage | Petite Facial

50min | \$160

Manage your stress and experience relaxation in micro time. Restore balance and reduce tension with our signature focus massage and petite facial. The perfect escape to soothe the soul and restore vitality.

SPA DREAMING RITUAL

Wellbeing Massage | Signature Facial

110min | \$315

A beautiful signature massage releases stress and incorporates slow moves to restore balance and harmony for inner wellbeing before a marine inspired facial to help restore skin quality, delivering intense and lasting hydration

Body Brush + Cocoon | Wellbeing Massage |

SPA ELEMENTS RITUAL

Petite Facial | Scalp Ritual

120min | \$380

A unique renewing full body exfoliation ritual characterised by an intimate connection with ancient traditions will rejuvenate the skins appearance, bestow nourishment, youth and splendor. Reharmonising the body's natural flow and movement, the signature massage and meditative scalp ritual will relax the body and mind before a marine-inspired facial.

SPA INDULGENCE

Micronised Marine Body Wrap | Focus massage |
Petite Facial | LED | Scalp Ritual

180min | \$495

A luxurious experience for pure spa indulgence. Promoting deep nourishment to the skin and full body rejuvenation, indulgence combines a soothing micronised marine body wrap, focus massage, petite facial and scalp ritual with lightstim to leave you feeling renewed and blissful.

TIME TO SHARE FOR TWO

Wellbeing Massage | Petite Facial

80min | \$480 (for 2)

Your body will experience a profound feeling of calm with enhanced circulation, along with alleviated muscle tension and stress, before a deeply hydrating petite facial providing renewed moisture and silkiness to the skin. Complete pampering for two.

SUITE PACKAGES & UPGRADES

SPA SUITE (PACKAGE)

110 min | \$465 per person

Experience the Spa Dreaming Ritual in our spacious Luxe Suite, Enjoy the luxury of personal space for you and up to 3 friends with a glass of French Champagne, chocolate dipped strawberries and seasonal grazing board (or cheese platter) plus 2 hour private use of our infrared sauna and spa baths.

SIGNATURE SUITE EXPERIENCE FOR TWO (UPGRADE)

\$20 per person

Enjoy your treatments in our Signature Suite, includes a glass of Australian sparkling wine and seasonal grazing board in our relaxation lounge before or after your treatment.

LUXE SUITE (UPGRADE)

\$30 per person

The luxury of personal space for you and up to three friends. Enjoy your treatments in our Luxe Suite, includes a glass of Australian sparkling wine and seasonal grazing board in our relaxation lounge before or after your treatment, plus 1 hour exclusive use of our individual spa baths and infrared sauna.

^{*}Spa upgrade - \$50 for 30min



MAGNESIUM WELLNESS SOAK

30min | \$75

The perfect addition to your treatment. Magnesium bath salts are formulated to relieve tired and aching muscles, reducing muscle cramps and spasms by promoting deep relaxation.

LED LIGHTSTIM 20min | \$45

Multiple light wavelengths work together to reduce the appearance of fine lines and wrinkles. Completed with a mini facial, expect supple, youthful, more radiant skin.

EXPRESS BODY SCRUB 30min | \$100

A full body exfoliation to rejuvenate the skins appearance, stimulate circulation leaving skin soft and rejuvenated.

INFARED SAUNA 30min | \$55

Concentrated infrared light wave lengths help relieve joint pain and muscle soreness whilst promoting muscular healing, detoxification and improved sleep quality.

SPA BATH		30mins \$50
EYE LASH TINT		\$25
EYEBROW TINT		\$20
EYE DEFINE	Eyebrow Tint Inc Waxing	\$40
COMPLETE EYE DEFINE	Eyelash & Eyebrow Tint Inc Waxing	\$65
WAXING	Eyebrow, Lip or Chin	\$20 each

^{*}Upgrades available for treatments 30 minutes or more

Villa Thalgo Day Spa 61 Hawkesbury Valley Way Windsor New South Wales 2756

P: 02 4577 1254 E: spa.cphawkesburyvalley@ihg.com W: villathalgo.com.au









