



VILLA
THALGO

YOUR SPA EXPERIENCE

Welcome to Villa Thalgo Day Spa, situated in the historic town of Windsor, a sensory space to escape from the ever-evolving rhythm of everyday life.

Villa Thalgo is set within 8 hectares of manicured, landscaped gardens and is well positioned to catch the gentle breeze and breathtaking views of the Hawkesbury Valley and foothills of the Blue Mountains.

As you step through our doors you will be taken on a unique journey that has been designed only for you. Spa rituals and therapies have been created with your wellbeing in mind. Designed to stimulate all your senses, Villa Thalgo becomes your own private sanctuary.

Available upon booking, Villa Thalgo Day Spa features a wet steam room, hydrotherapy spa, and the centrepiece of the day spa, a beautiful indoor heated swimming pool. An exquisite setting to relax in, with rows of French doors that open out onto beautiful garden filled courtyards, providing a distinctive aura of style and elegance.

We have selected some of the world's leading brands, combined with the highest quality therapy and time honoured customs. The truly incredible spa journey has been created to respect the body's complex physiology and works in synergy to rebalance the subtle energies of the mind and body.

As we lead you on a transformative journey of the senses, our dedicated approach to spa creates an experience that's 'all about you'.

an experience that's
'all about you'





SIGNATURE SPA

Discover a sense of space

Private Spa Suite

Revitalise, radiate, and relax with a decadent Spa Experience for up to four people in your very own private Spa Suite at Villa Thalgo.

With two spacious spas, private infra-red sauna, double shower, reflection area and refreshments, the Spa Suite is perfect for sharing indulgent relaxation time with friends or loved ones.

Once you are feeling luxuriously pampered, indulge in a light lunch complimented by a glass of French Champagne in your own private reflection lounge.

At the heart of the Villa Thalgo Day experience is the beautiful indoor swimming pool and hydrotherapy spa. An exquisite setting to relax in, with rows of French doors that open out onto courtyards filled with lush beautiful gardens. We invite you to indulge in these traditional wellness experiences.

Ask our team for further information

SIGNATURE FACE & BODY RITUALS

Tranquility for body and mind

INDOCEANE BODY RITUAL

\$305 120mins

Egyptian Milk Bath, Body Exfoliation, Massage and Sublime Body Wrap

An intoxicating spa ritual, where from stopover to stopover, the fragrances and colours from the Continents, blend together with marine treasures.

Better-being and beauty become one. This wonderful ritual takes you on a voyage of discovery to a new kind of relaxation which re-initialises the body and mind through an indescribable feeling of peace and inner strength.

MER AND SENS FACE AND BODY RITUAL

\$305 120mins

Marine Algae Body Exfoliation, Face Mask, Affusion Shower, Hot Stone Massage

The body is completely purified, remineralised and relaxed using an exfoliation based on marine salts, algae and essential oils. The exfoliation and sculpting techniques are carried out with warm basalt stones, leaving the skin perfectly smooth and soft.

During this ultra-sensorial experience, the movements, rhythm and power of the hot stone massage bring about total relaxation. The movements are slow, rounded and wavelike evoking a floating sensation, inducing a feeling of total calm - this ritual is a true invitation to sleep.





MARINE ALGAE WELLNESS FACIAL

\$165 60mins

Experience true marine beauty with this signature algae facial, suitable for all skin types.

A mask of pure natural seaweed, known for its beauty-enhancing properties, is applied to remineralise and revitalise the skin.

A signature massage recreating movements and the rhythm of the sea, relaxes the facial muscles and relieves tension. Your complexion is left soft, radiant and beautiful.

HEART OF THE OCEAN RITUAL

\$150 60mins

The facial begins with the “Discovery of the Sea” massage to ease tensions and immerse you in a relaxing aquatic cocoon.

This marine-inspired facial concentrates the vital force and benefits of the ocean to help restore perfect skin quality, delivering intense and lasting hydration.

Recreating the rhythmic motions of the sea to relax the facial muscles and relieve tension, this facial contains a double mask to correct skin concerns whilst leaving the skins texture improved and complexion smooth, plump and radiant.

BODY RITUALS

Enhance your wellbeing and enliven your spirit

VOLCANIC BODY SCRUB

\$135 45mins

Body Exfoliation, Affusion Shower, Moisturisation

A unique renewing body ritual characterised by an intimate connection with ancient traditions to rejuvenate skin appearance, and bestows nourishment, youth and splendour to all skin types.

TURKISH SALT SCRUB

\$145 60mins

Body Exfoliation, Affusion Shower, Moisturisation

An exhilarating thermal salt exfoliation is applied in a two step treatment utilising salt rich in mineral and trace elements mixed with essential oil, followed by a thermal mineral shower gel.

This treatment is an invigorating scrub, stimulating circulation, whilst leaving the skin smooth and soft.

THERMAL MINERAL BODY POLISH

\$145 60mins

Body Exfoliation, Affusion Shower, Moisturisation

This two-step, deep cleansing exfoliating treatment removes dull surface cells, refines skin texture and stimulates circulation.

Light buffing grains are rich in pine and geranium oil with beneficial minerals and trace elements derived from thermal waters to nourish and smooth the body.





MARINE ALGAE BODY WRAP

\$210 90mins

Body Exfoliation, Affusion Shower, Body Wrap, Moisturisation

A pure concentrate of sea benefits providing a sense of well-being and relaxation.

Your skin is deeply polished then cocooned in a warm algae poultice, infusing its minerals, vitamins and micro-nutrients into the body.

This treatment activates circulation, increases metabolism, relieves aches and pains and improves skin conditions such as eczema and psoriasis.

POLYNESIAN RITUAL

\$275 120mins

Azure Water Bath, Body Exfoliation, Affusion Shower, Massage

Experience Polynesia, the exotic sensorial spa ritual, inspired by the most beautiful islands hidden in the heart of the Pacific Ocean. This luxurious treatment begins with an azure water bath inspired by the crystal blue waters of the Manihi Lagoon to protect and hydrate the skin, followed by a gentle vanilla-scented body scrub blended with pure white sand from Bora Bora, sea salt and coconut shell for a thorough exfoliation of the body, leaving the skin feeling smooth and soft.

The Mahana Massage incorporates a rhythmic style massage to loosen muscles and nourish the skin.

SIGNATURE HYDRATION BODY WRAP

\$195 75mins

Body Exfoliation, Affusion Shower, Nourishing Body Wrap, Scalp Massage

A full body experience, immersing the body in ultimate skin nourishment.

Commencing your journey with a body polish to gently remove the dead skin cells before indulging in a nourishing full body cocoon wrap whilst our scalp ritual delivers you to a place of deep relaxation of both the body and mind.

Wrap yourself in relaxation, restoration and emerge renewed, refreshed and rejuvenated.



SPA JOURNEYS

Cleanse, Rebalance and Restore

REINVIGORATE

\$275 120mins

Heart of the Ocean Facial, Wellness Massage

A beautiful signature massage releases stress and incorporates slow moves to restore balance and harmony for inner wellbeing before a marine-inspired facial concentrates the vital force and benefits of the ocean to help restore perfect skin quality, delivering intense and lasting hydration.

TENSION TONIC

\$140 60mins

Back, Scalp and Foot Massage

A deeply therapeutic treatment relaxes the back and scalp and treats the feet to restore a sense of wellbeing and balance.

REVIVAL

\$145 60mins

Back, Neck and Shoulder Massage and Express Facial

An invigorating massage that eliminates negative effects and stress of everyday life, restoring equilibrium and balance to the upper body, before a deep hydrating express facial treatment that results in renewed moisture and silkiness.

TIME TO SHARE

\$470 90mins

Express Facial, Wellness Massage, Cheese Platter and glass of wine for two

Your body will experience a profound feeling of calm with enhanced circulation, along with alleviated muscle tension and stress, before a deeply hydrating express facial provides renewed moisture and silkiness to the skin. Your journey ends in the reflection lounge with a cheese plate and a glass of selected wine for two.

REST AND REFRESH

\$395 165mins

Exfoliation, Heart of the Ocean Facial, Wellness Massage

A unique renewing exfoliation ritual characterised by an intimate connection with ancient traditions will rejuvenate the skins appearance, bestow nourishment, youth and splendour. Re-harmonising the body's natural flow and movement, our signature massage will relax the body and mind before a marine-inspired facial concentrates the vital force and benefits of the ocean to help restore perfect skin quality, delivering intense and lasting hydration

DETOX JOURNEY

\$475 195mins

Marine Algae Body Wrap, Affusion Shower, Wellness Massage, iBeauty, Hydration Corrector, Scalp Massage, Elixir, Spa Plate

This deeply relaxing full body experience transports you to a renewed sense of self.

Evoke your senses with this ultimate journey that begins with a body polish to begin the detoxifying process, before a warm cocooning seaweed wrap is applied, infusing its minerals, vitamins and micro nutrients into the body. Drift away with a warm oil scalp massage melting into a full body massage that is both grounding and enlivening. Your restorative journey continues with an advanced facial designed to restore, infuse and stimulate tired skin.



EXPERIENCE MASSAGE

The art of rest and relaxation

ANCIENT HOT STONE MASSAGE

\$205 90mins

Warm volcanic stones are combined with aromatic oils to gently relax the body and soothe muscle tension. The warm stones are used as an extension of the therapist's hands to induce deep relaxation.

BAMBOO MASSAGE

\$155 60mins

A full body massage incorporating a combination of specialised massage techniques and nature's pure bamboo. Using warm bamboo sticks to knead and stretch your muscles, increasing blood circulation and easing away tension, this rhythmic massage aids in providing a sense of deep relaxation.

AROMATHERAPY MASSAGE

\$145 60mins

A therapeutic massage, using blends of essential oils whose aromatic appeal is a personal response to each individual's needs. Free the body and mind of toxins to promote health and wellbeing.

REMEDIAL MASSAGE

\$155 60mins

This results driven massage incorporates the use of advanced massage techniques to achieve a truly effective deep-tissue massage. Ideal for experienced massage clients who suffer from deep-seated tension.





HYDRATION MASSAGE

\$155 60mins

Using a vita rich massage oil blend, this multi-sensorial experience employs choreographed Swedish massage techniques and includes a hydrating facemask to promote ultimate relaxation.

WELLBEING MASSAGE

\$140 60mins

Through an application of targeted, therapeutic techniques, your body will experience a profound feeling of calm with enhanced circulation along with alleviated muscle tension and stress.

MATERNITY MASSAGE

\$155 60mins

A relaxing full body massage to help improve skin elasticity, reduce fatigue and target areas prone to tension during pregnancy.

This massage is ideal to relax and relieve tension when shifts in posture cause muscles to tighten and feel uncomfortable.

*Available after first trimester.

CALM MIND HEAD AND SCALP RITUAL

\$85 30mins

Re-harmonising the body's natural flow and movement, our signature head and scalp ritual is designed to completely relax both the mind and body.

Experience Massage enhancements

- Add a 30min Mineral Wellness Bathing Ritual

\$85



EXPERIENCE FACIALS

Replenish and Regenerate

ILLUMINATING RADIANCE FACIAL

\$95 30mins

Detoxify and improve the skin's surface to improve radiance and significantly increase the skin's moisture levels and revive dull looking complexions.

This facial is perfect for those who wish to correct visible signs of dull looking and tired skin for an instantaneous beautifying effect.

CELLULAR HYDRATION FACIAL

\$125 45mins

A deep hydrating treatment for the face, neck and décolleté that results in renewed moisture and silkiness.

Ideal for restoring compactness, tone and luminosity, the Cellular Hydration facial assists in keeping the skin supple and elastic, therefore preventing dryness and premature ageing.

ANTI AGEING PEEL

\$145 45mins

A results driven treatment which resurfaces, stimulates cellular renewal and illuminates the face, neck and décolleté. The efficacy and specific actions obtained through a double peel combined with Vitamin C. We recommended this facial for mature skin, uneven skin tone and for those with a tendency to oiliness.

The choice of the peels ensures this a treatment ideal for sensitive skins. This is an ideal facial during the change of seasons to bring youth to the skin.

ANTI AGEING COLLAGEN FACIAL

\$160 60mins

Give your skin a boost and correct the signs of ageing with this instant anti-ageing facial designed for first wrinkles, your skin will be radiant and collagen reserves are restored.

ANTI AGEING REGENERATION FACIAL

\$185 60mins

A powerful, lifting facial, targeting sagging cheeks, jowls, chin and neck for a visible rejuvenating effect.

The advanced mask helps to oxygenate skin cells and gives an instant firming effect.

Ideal for mature skin with visible signs of ageing, this firming facial stimulates cellular regeneration using the exclusive active lift massage technique to smooth and tone skin. The result is beautifully nourished, smoother, radiant, more youthful skin.

Facial enhancements

- Add a 15min LED light therapy treatment to any facial **\$25**
- Add on a 15min Targeted iBeauty Solution to any skin treatment **\$25**

EYE ZONE TREATMENTS

Eyelash tint	\$25
Eyebrow tint	\$20
Eye Define -	
Brow wax and brow tint	\$40

WAXING

Eyebrow	\$20
Lip	\$20
Chin	\$20
Underarm	\$20



MEN

Relax and find total escape

URBAN REMEDY

\$220 90mins

Back neck and shoulder massage, Express Facial, Scalp Massage

Your body will experience a profound feeling of calm with enhanced circulation along with alleviated muscle tension and stress in the back, neck and shoulders. Afterwards a specifically formulated express facial and scalp massage are performed, leaving you relaxed and renewed.

STONE AND SCRUB

\$240 90mins

Exfoliation, Hot Stone Massage

An exhilarating algae exfoliation leaving the skin renewed, before warm volcanic stones are combined with aromatic oils to gently relax the body and soothe muscle tension. The warm stones are used as an extension of the therapist's hands to induce deep relaxation.

MODERN MAN FACIAL

\$145 60mins

Effectively renew skin tone and texture, cleanse pores, soothe irritation, and hydrate skin with our customised facial. Ideal to combat the harsh, effects of daily shaving, pollution and urban living. This is the ultimate skin overhaul providing maximum results.





PURIFYING PERFORMANCE FACIAL

\$185 60mins

Microdermabrasion

Using the latest microdermabrasion technology to intensely smooth the micro-contours of your skin for an even-toned, clear and radiant complexion, with instantly visible results. Wrinkles, fine lines and imperfections are visibly smoothed away and the skin's natural regeneration processes are stimulated.

SPORTS MANICURE

\$70 30mins

Designed for the well-groomed man, this manicure and softens rough, dry skin. Enjoy a soak followed by an exfoliation, nail shaping, cuticle care, a nail buff and a moisturising massage.

SPORTS PEDICURE

\$80 30mins

Designed for the well-groomed man, this pedicure and softens rough, dry skin. Enjoy a soak followed by an exfoliation, nail shaping, cuticle care, a nail buff and a moisturising massage.



RESTORATIVE MEDI SPA TREATMENTS

We offer customised, flexible packages, which can include a single treatment or a series of treatments depending on your needs. Investing in multiple treatments ensures lasting, more effective results along with generous package savings

IBEAUTY® SOLUTIONS

A new generation facial treatment device that combines Sound-Vibration, Ultrasound and Radio Frequency technologies for revolutionised facials that work in perfect synergy with your skin. Delivering immediate, visible and long lasting results.

Skin Purity Solution

\$125 30mins

This express and highly effective facial, suitable for all skin types but particularly good for oily and combination skin, is a latest generation balancing treatment.

Hydration Boost Solution

\$145 45mins

Treat your dehydrated or tired skin to this facial, your skin is left fresh, bright and deeply hydrated from the very first session.

Wrinkle Corrector

\$150 45mins

Fighting against all types of wrinkles, deep, marked wrinkles and expression lines, the skin is smoother, the appearance of wrinkles is visibly reduced.

Anti-Age Solution

\$150 45mins

This anti-ageing facial is perfect for anyone looking to defy time and restore a rejuvenated look to their skin. The complexion is smoother, lines are plumped and skin tissue is firmer.

MICRODERMABRASION

\$105 30mins / \$205 90mins

Wrinkles, fine lines and imperfections are visibly smoothed away and the skin's natural regeneration processes are stimulated using the latest technology to intensely smooth the micro-contours of your skin for an even-toned, clear and radiant complexion.

LED LIGHT THERAPY

\$95 30mins

LED Light Therapy is a revolutionary non-invasive treatment that uses the power of light to rejuvenate, repair and revitalise the skin. Light therapy is clinically proven to reverse the visible signs of ageing, clear acne and blemishes, and accelerate healing to achieve flawless, youthful and healthy skin.

After just one treatment skin is hydrated, plump and radiant, and any redness and irritation is calmed. A treatment course offers dramatic and lasting improvements in the appearance and health of the skin.



BATHING RITUALS

MINERAL WELLNESS SOAK

\$85 30mins

Experience transformative wellness with concentrated, powerful salts.

One of Earth's most pristine natural treasures, these hand-harvested mineral crystals elevate the bathing experience into a detoxifying, remineralizing, muscle relieving wellness treatment.

Containing a perfect, rare balance of 60 essential minerals and trace elements to deeply nourish, detoxify and rebalance the body.

EGYPTIAN MILK BATH

\$85 30mins

The milky-aroma effervescent bath sugar, which upon contact with water, transforms into a luxurious, opalescent bath with a relaxing and soothing fragrance to promote relaxation and calm your senses.

BODY BALANCE MARINE ALGAE BATH RITUAL

\$140 60mins

A natural sea bath, ultra-rich in minerals and trace elements. Marine algae promotes wellness whilst remineralising and revitalising the skin by infusing trace elements. Perfect to detoxify and enhance drainage.





HAND AND FOOT RITUALS

SOLE DELIGHT FOOT RITUAL

\$90 30mins

Reward your tired feet and ankles using warm aromatherapy oils and basalt stone massage designed to release tension and soothe away stress. The hydration replenishes and softens hard working heels providing a healing action on your skin.

SPA MANICURE

\$75 45mins

The ultimate in hand therapy, our spa manicure will leave you with beautifully soft, polished and hydrated hands.

The spa manicure includes a hand soak and exfoliation, file, buff, cuticle repair, massage and polish.

SPA PEDICURE

\$95 60mins

The ultimate in foot therapy, our customised pedicure will leave your feet with beautifully soft, polished and hydrated.

The spa pedicure includes a soak, file, trim, cuticle work, pedi-paddle, massage and finish with polish.

PARAFFIN TREATMENT

\$25 15mins

Treat your hands and feet to a warm, soothing Paraffin treatment. Excellent for softening, smoothing cuticles, and nourishing dry, rough skin.

Paraffin improves circulation and is found to be an excellent treatment for people who suffer from arthritis and other chronic conditions that cause pain and stiffness to their hands and feet.

SPA ETTIQUE

The spa environment is one of tranquillity and relaxation. Please respect the peacefulness and privacy of other guests.

Mobile phones should be turned to silent or turned off before you enter the Spa.

Smoking is prohibited and we recommend that you refrain from consuming alcohol prior to enjoying your treatments.

Making an Appointment

When considering Villa Thalgo Day Spa we strongly recommend booking ahead of time to avoid any disappointment. Credit card details are required at the time of booking to guarantee your appointment. Please mention if you are redeeming a gift voucher.

Arrival Time

Maximise your Villa Thalgo experience by arriving 15 minutes prior to your scheduled treatment time to relax and complete your consultation form.

Prices

All prices are subject to change without prior notice. The Spa accepts cash and all major credit cards. Hotel guests may charge spa services to their Hotel room account.

Public Holiday Surcharge

A 10% surcharge applies on public holidays.

Spa Facilities*

When you enjoy any treatment booked for 1 hour or more, you will have complimentary access to enjoy the spa facilities, which includes the heated indoor pool, hydrotherapy pool & steam room, on the day of your booked treatments, for a period of up to 3 hours.

*Management reserves the right to close these facilities without notice for scheduled servicing and/or maintenance.

Gift Vouchers

Gift Vouchers are available for use against any spa treatment, package or retail product. Gift Vouchers are non-refundable and must be presented at the time of treatment. Vouchers are valid for 12 months from the date of issue. No further extensions will be granted.

Age Restriction

All guests utilising the facilities and having treatments at Villa Thalgo Day Spa must be over the minimum age requirement of 16 years.

Cancellation Policy

Out of consideration for all our guests, a minimum of 24 hours notice is required to cancel or reschedule an appointment. Cancellations or rescheduling within this time will result in a 50% fee being charged. "No Show" appointments and appointments cancelled on the day will incur a 100% cancellation fee. If a gift voucher was used to guarantee your booking this will result in your voucher being redeemed in full. 7 days notice is required for all conference and group bookings of 6 or more people. Spa Packages which are 3 hours or more in duration require a minimum 72 hours notice to cancel.



Late Arrivals

Arriving late will unfortunately limit the time allocated for your treatment; it will lessen the effectiveness and importantly your pleasure and enjoyment. As a courtesy to all our clients, all treatments are completed as scheduled.

Attire

Your comfort is our priority; relaxation is best achieved by wearing comfortable clothing. During your body treatments you will be respectfully draped with towels, with only the specific area undergoing treatment exposed. A robe, towels, slippers and lockers with amenities are all provided. Please bring a swimming costume should you intend to use our hydrotherapy spa, pool or steam room.

Special Health Considerations

Guests with high blood pressure, heart conditions, varicose veins, are pregnant or have other health conditions are advised to consult their Doctor prior to seeking spa services. Please inform your therapist of your medical condition or medications being taken as some services may not be suitable.

Refund Policy

All treatments and packages once paid are non-refundable, non-transferable and non-exchangeable.

Valuables

Please leave your valuables at home. The Spa does not take responsibility for valuables left in the change room lockers or robes.

Gender Preference

We have both male and female professional therapists, so if you have a preference, please let us know when you make your reservation.

Pre-natal treatments

The birth of a child is a wonderful and profound experience in a woman's life. Villa Thalgo recognises the importance of nurturing maternal wellness and can advise which services are ideal for you during this special time and which should be avoided. Please let us know of your pregnancy when you book with us at the Spa. Please note that massage will not be performed within the first trimester.

Spa Cuisine

A seasonal menu is available from reception or in the reflection lounge.

Spa Lifestyle

Ensure you maintain the results you have achieved during your treatments at Villa Thalgo, with a customised selection of home care products available. Our lifestyle store has a selection of giftware ideas, ideal for your friends to enjoy, or the perfect accompaniment for a romantic weekend in your room.



Luxurious, exclusive a Lifestyle!

LIFESTYLE MEMBERSHIPS

Set in a space of iconic beauty, Villa Thalgo presents a fully integrated approach to membership, bringing together an unrivalled combination of spa, wellness, beauty, lifestyle, and exclusive access to social experiences.

Speak to one of our therapists for further information.

The logo for Villa Thalgo features the word "VILLA" in a light blue, serif font above the word "THALGO" in a darker blue, serif font. A stylized blue water droplet is positioned to the right of the "O" in "THALGO".

VILLA THALGO

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